



LOOK SHARP • LIVE SMART

MAN OF IRON

> TRYING TO KEEP UP WITH **ROBERT DOWNEY JR.**
> THE MOST ENERGETIC SUPERHERO ALIVE

BASEBALL'S BIGGEST SWINGERS

THE NAKED SHAVER AND 11 OTHER GUYS YOU HATE AT THE GYM

*THE BEST FOR LESS SUITS UNDER \$400 SHOES UNDER \$200 AND THE BEST SUREFIRE UPGRADE UNDER \$50



EVERYTHING ELSE A MAN NEEDS THESE DAYS INCLUDING **WEED WOMEN & WHISKEY**

MAY 2013 \$4.99US \$5.99FOR

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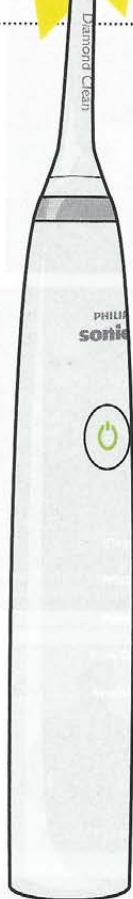
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Put Your Money Where Your Piehole Is

Bacteria, plaque, gingivitis, strange smells—they won't go away if you're only brushing. Thankfully, a gadget-laden world of mouth-cleaning gear exists to save you from disease and death breath



Grooming



YOUR TEETH DESERVE A MASSAGE

The **Sonicare DiamondClean** comes with a travel case that doubles as a charger, and it has five modes that range from sensitive to whitening. But the real reason you drop more than 200 bones on a toothbrush is the DiamondClean's speed: 31,000 soothing pulses per minute. Compared with the competition, it feels more like a tooth-scrubbing massage. You'll actually look forward to brushing, even when you're drunk at 2 a.m.

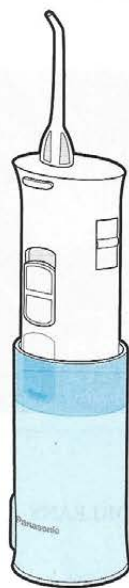
\$220 | sonicare.com

ALL THE SWISH, NONE OF THE BURN



You probably expect a certain feeling when it comes to mouthwash—a masochistic fire, as if you're gargling bourbon. But **Biotène PBF Oral Rinse** trades menthol and alcohol for enzymes that fight dry mouth and the sludge where bacteria hide. There's no need to make waking up any more painful than it already is.

\$10/16 oz | biotene.com



FLOSSING FOR FLOSS-MATERS

If you're the type who only breaks out the waxed string before cleanings, invest in a **Panasonic Portable Oral Irrigator**. It's a hell of a lot smaller than your average, coffee-maker-sized electronic flosser, but its jet of water is still powerful enough to blast out prosciutto stuck between your teeth. It won't go quite as deep as old-timey floss, but it's a whole lot better than nothing.

\$50 | panasonic.com

A PACK A DAY? A DAB A DAY

You know all the downsides of cancer sticks, including the hurt they put on your mouth. Undo some of the damage with **PerioSciences AO ProVantage Gel**—essentially vitamins for your gums. A little of the antioxidant gel helps keep them healthy while you double down on your New Year's resolution to quit.



\$43 | periosciences.com



YOU CAN'T TAN YOUR LIPS

Come summer you break out your sunscreen to protect your grill (right?), but your lips are actually more susceptible to UV rays than your face. **Jack Black Intense Therapy Lip Balm** offers SPF 25 protection, plus vitamin E, avocado oil, and shea butter to keep your lips from looking like salt flats. And it's not so goopy that you'll feel like you're wearing your girlfriend's lip gloss.

\$7.50 | getjackblack.com



UNDO YOUR STARBUCKS STAINS

Manhattan dentist Lana Rozenberg suggests three plans of attack for corn-colored teeth, from quick and (less) dirty to the white-out Tom Cruise effect.

ONE NIGHT ONLY Luster Now! Instant Whitening Toothpaste (\$8)

is like a temporary tattoo for your teeth. A blue-tinted polymer coats the surface and offsets the yellow...for five hours. Brush some on before your date, then again in the morning if things go well.

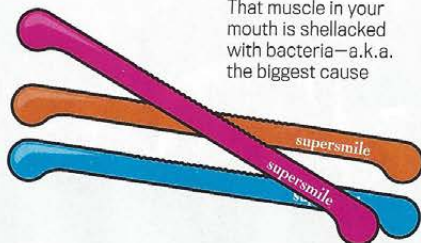
THIRTY-MINUTE STRIP SHOW

With an updated shape and fit, **Crest 3D White Vivid Whitestrips (\$25)** are easier to use than earlier versions—just don't leave them on for too long. Put 'em on when *The Daily Show* starts, off before Colbert.

THE FULL HOLLYWOOD Zoom

costs about \$600 and forty-five minutes at the dentist, but the bleaching system is the best way to erase deep stains. And its adjustable intensity means you won't collapse in pain from a bite of soft-serve afterward.—A.R.

DUDE, YOUR TONGUE IS DIRTY



That muscle in your mouth is shellacked with bacteria—a.k.a. the biggest cause

of bad breath—but the shallow ridges of **SuperSmile Tongue Cleaners** gently scrape off those foul microbes. Use one daily and your girl will complain a lot less when you roll over to say, "Morning, sexy." —ANDREW RICHALE

\$22 for six | supersmile.com